

# SABR Adult League Rules

All FIFA rules will apply with the following exceptions:

- No slide tackles
- Unlimited substitution on goal kicks and own throw-in (if one team subs on their own throw-in, the other team may also sub)
- Flat wedding bands may be worn – no other jewelry allowed
- Yellow card – player must leave the field and may be replaced by a substitute (does not apply to the goalkeeper)
- 2 Yellow cards – player must leave the field and cannot be replaced by a substitute. Player is suspended for one additional game.
- Red card (straight red, not two yellow cards) – player must leave the field and cannot be replaced by a substitute. Player is suspended at least one additional game and may be subject to additional suspension depending on nature of offense.
- 2<sup>nd</sup> Red card (straight red, not two yellow cards) – player must leave the field and cannot be replaced by a substitute. Player is suspended for remainder of season and the following season

Length of games – 2 x 40 minute halves

If games start later than 6:35 or 8:05, they may be cut short

No water breaks

\*\*\* Important \*\*\*

Participation in league games is limited to those players that are registered. Under no circumstances will unregistered players be allowed to play, even if there are not enough registered players to have a game. If teams agree to loan players to each other or allow registered players from other teams to participate, it is at the captains' discretion. However, those decisions require agreement between both team captains. As long as there are at least 7 registered players on each team, the assigned referees are expected to officiate the game.